

Action	1	2	3	4	5	6	7	8	Variations
1	J								
2	J	C							
1-Hook	J	LH							
Double	J	J							
1-Kick	J	RK							Replace kick with knee
Hook-Cross	LH	C							
Kick-Cross	LK	C							Replace kick with either knee or tiip
Triple	J	J	J						
3	J	C	LH						
4	J	C	LU						
Power 3	C	LH	C						
Reverse 3	LH	C	LH						
2-Kick	J	C	LK						Replace kick with knee or tiip
J Double C	J	C	C						
Double Kick	J	J	RK						
3-C	J	C	LH	C					
4-C	J	C	LU	C					
3-Kick	J	C	LH	RK					Replace kick with knee
2-Body-Head	J	C	LBH	LHH					
2-Kick-Cross	J	C	LK	C					Replace kick with knee
Kick Combo #1	LK	C	LH	RK					Replace kicks with knees or replace first kick with tiip
Kick Combo #2	RK	LH	C	LK					Replace kicks with knees or replace first kick with tiip
Kick Combo #3	LK	C	LH	LK					Replace kicks with knees or replace first kick with tiip
Kick Combo #4	RK	LH	C	RK					Replace kicks with knees or replace first kick with tiip
"Fundamental"	T	J	C	LK					Replace kick with knees
"Evil Ryan"	J	O	LU	O					
"4 Angles"	J	O	LU	C					
Jab Double Cross Kick	J	C	C	LK					
5 Count #1	LK	C	LH	C	LK				Replace kicks with knees or replace first kick with tiip
5 Count #2	RK	LH	C	LH	RK				Replace kicks with knees or replace first kick with tiip
5 Count #3	LK	C	LBH	LHH	RK				Replace kicks with knees or replace first kick with tiip
5 Count #4	RK	LH	C	C	LK				Replace kicks with knees or replace first kick with tiip
1-Kick to #2	J	RK	LH	C	LK				
1-Kick to #4	J	RK	LH	C	RK				

2-Kick to #1	J	C	LK	C	LH	RK		Replace kicks with knees or replace first kick with tiip
2-Kick to #3	J	C	LK	C	LH	LK		Replace kicks with knees or replace first kick with tiip

### Reaction

Catch 1	Ca (J)	J							
Catch C	Ca (J)	C							
Catch 2	Ca (J)	J	C						
Cover 3	Co	C	LH	C				Cover is High (C), Side (hook), or leg (kick)	
Cover Thai	Co	C	LH	RK				Cover is High (C), Side (hook), or leg (kick)	
Cover Knee	Co	C	LH	RKn				Cover is High (C), Side (hook), or leg (kick)	
Tight High Cover	Co	LU	C	LH					
Tight Side Cover	Co	RU	LH	C					
Tiip Dee	Pa T	RK	LH	C					
Cover 3-Kick	Co	C	LH	C	LK			Cover is High (C), Side (hook), or leg (kick)	
Cover Thai-Kick	Co	C	LH	RK	LK			Cover is High (C), Side (hook), or leg (kick)	
Catch Parry 3	Ca (J)	Pa (C)	C	LH	C				
Cover Thai to #2	Co	C	LH	RK	LH	C	LK	Cover is High (C), Side (hook), or leg (kick)	
Cover Thai to #4	Co	C	LH	RK	LH	C	RK	Cover is High (C), Side (hook), or leg (kick)	
Cover 3-Kick to #1	Co	C	LH	C	LK	C	LH	RK	Cover is High (C), Side (hook), or leg (kick)
Cover 3-Kick to #3	Co	C	LH	C	LK	C	LH	LK	Cover is High (C), Side (hook), or leg (kick)
Cover Thai-Kick to #1	Co	C	LH	RK	LK	C	LH	RK	Cover is High (C), Side (hook), or leg (kick)
Cover Thai-Kick to #3	Co	C	LH	RK	LK	C	LH	LK	Cover is High (C), Side (hook), or leg (kick)

### Action-Reaction

2-Out-2	J	C	B (LH)	J	C			
2-Out-Power	J	C	B (LH)	C	LH	C		
2-Out-Body	J	C	B (LH)	LBH	C	LH		

Jab	J		Lead Kick	LK			
Cross	C		Rear Kick	RK			
Lead Hook	LH		(Lead) Tiip	T			
Lead Body Hook	LBH		Rear Knee	RKn			
Lead Head Hook	LHH		Catch	Ca			
Lead Uppercut	LU		Cover	Co			
Overhand	O		Parry	Pa			